



## General

North York Academy follows the anti-doping regulations and guidelines laid out in accordance with the Canadian Centre for Ethics in Sport (CCES) and Canadian Anti-Doping Program (CADP), the CSA and FIFA. North York Academy coaches are encouraged to discuss and education players of these policies along with being discussed amongst North York Academy coaches, players and parents. The academy prohibits the use of performance enhancing substances in any form. Any members reported to have used or facilitated the use of performance enhancing substances either for them selves or others will be suspended, and reports will be filed with Ontario Soccer and the Canadian Centre for Ethics in Sports.

## The Canadian Anti-Doping Program<sup>1</sup>

The Canadian Centre for Ethics in Sport (CCES) is the custodian of [the Canadian Anti-Doping Program \(CADP\)](#); the set of rules that govern anti-doping in Canada. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations. The CADP is compliant with the World Anti-Doping Code and all international standards.

Canada Soccer has adopted the CADP which means that you can be confident that you are part of a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. Canada Soccer's anti-doping policy reflects and supports the CADP.

**The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:**

- Know your rights and responsibilities as an athlete with regard to anti-doping.
- Always comply with a testing request if you are notified for doping control.
- Check all medications and products before taking them to ensure they do not contain ingredients that are banned.
- Verify your medical exemption requirements.
- Do not take supplements, but if you do, take steps to minimize your risk.
- Get the latest news. Sign up to receive CCES media releases and advisory notes.

Although the CCES governs anti-doping for the Canadian sport community, players might also be subject to the rules of our international federation. Learn more about FIFA's anti-doping policies and procedures [belong along with the Canadian](#)

---

<sup>1</sup> The Canadian Centre for Ethics in Sport <http://cces.ca/anti-doping>

**Canada Soccer** has adopted the CADP which means that you can be confident that you are part of a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. The Canadian Soccer Association's anti-doping policy reflects and supports the [CADP](#).

**FIFA has a clear vision: to keep football free of doping.** "It is FIFA's duty to protect players from harm and ensure that footballers can compete on an even playing field. Since FIFA is dealing with ambitious and independent individuals, its anti-doping strategy relies on education and prevention. [FIFA respects the dignity and private life of each player who is subject to testing.](#)"

## Additional resources and information

1. The CCES Athlete Zone is a hub of resources and information for athletes and their support personnel.
2. The Global DRO provides athletes and support personnel with information about the prohibited status of specific substances based on the current WADA Prohibited List.
3. Physicians and medical personnel are encouraged to use the CCES Doc Zone for targeted medical information.
4. Read more about the Canadian Anti-Doping Program.
5. The World Anti-Doping Agency works towards a vision of a world where all athletes compete in a doping-free sporting environment.
6. The CCES is a proud and active member of the True Sport Movement - a movement that is based on the simple idea that good sport can make a great difference.

### Canadian Centre for Ethics in Sport (CCES) Educational Resources

1. Email: [info@cces.ca](mailto:info@cces.ca) or Call toll-free: 1-800-672-7775
2. Online: [www.cces.ca/athletezone](http://www.cces.ca/athletezone)

### Anti-Doping and Values-Based Sport Information

1. CCES website: [www.cces.ca](http://www.cces.ca)
2. True Sport website: [www.truesport.ca](http://www.truesport.ca)
3. CCES E-Learning: contact the CCES for additional information
4. CCES Advisory Notes and Media Releases: [www.cces.ca/subscribe](http://www.cces.ca/subscribe)

### Substance Information:

1. Global DRO: [www.globaldro.com](http://www.globaldro.com)
2. Contacting the CCES: 1-800-672-7775 or [substances@cces.ca](mailto:substances@cces.ca)

### Therapeutic Use Exemptions (TUEs):

1. CCES Medical Exemption Wizard: [www.cces.ca/mewizard](http://www.cces.ca/mewizard)
2. Contacting the CCES: 1-800-672-7775 or [tue-aut@cces.ca](mailto:tue-aut@cces.ca)

### Report Doping:

1. Report Doping Hotline: 1-800-710-CCES or [www.cces.ca/reportdoping](http://www.cces.ca/reportdoping)